

# JAI VATIKA PUBLIC SCHOOL

Affiliated to CBSE, New Delhi Syllabus Class - I (2024-2025)

#### **Dear Students**

Kindly note that **Be the Change+1** Book is divided into English, Math, EVS & G.K, the syllabus covered in particular subject will be included in PT's and Term Exam.

**ENGLISH** 

Books Name: The English Dale-1

**Pearl Drops Cursive Writing -1** 

Be The Change Student Handbook 1

Term-I

April

The English Dale:

Poem I See Me

Story Chapter 1 Ron and his Family

Writing: Myself i) My Name is......

ii) I am a boy/girl.

iii) I am six years old.

iv) I study in Class I.

v) I study in Jai Vatika Public School, Barnala

**Life Skills 1** My clean room

Writing Book: Pg. No. 1 to 7

Oral Rhyme: I See Me

May

The English Dale:

Story Chapter 2 Nickey's Dream

My School Bus (Poem)

Project 1 Family tree
Writing Book: Pg. No 8 to 15
Oral Rhyme: My School Bus

Oral Story: A Thirsty Crow (as printed in syllabus)
Summer Holidays: Writing Book (cursive) Pg. No 16 to 30

July

The English Dale:

Story Chapter 3 Abu Ali Counts His Donkeys

Drama Chapter 4 Issun- Boshi Project 2 Making an elephant

Writing: My School

i) My school name is Jai Vatika Public School.

ii) It is an English medium school.iii) My school is near my house.

Pageno. 1

iv)My school building is very big.

v) It has a big library.

vi)There is a big playground.

vii) My school teachers are very kind. viii) I love my school very much.

**Writing Book:** Pg No. 31 to 39

#### August

The English Dale:

Poem I speak, I Say, I Talk

**Graphic Story** Chapter 5 A Jar of Peanuts

Seen Passages, Picture Based Gap Filling Comprehension:

**Writing Book:** Pg No- 40 to 45

**Project** 3 Flowers from peanuts shells

The Golden Egg (as printed in syllabus) Oral Story:

**Oral Rhyme** I speak, I Say, I Talk Be Kind (Page No-17) Be The Change:

Term-I (September 2024) Exam will be based on Syllabus covered from April to August 2024.

#### Term-II

#### October

The English Dale:

O, Look at the Moon Poem Life Skills 2 Good or bad actions

Chapter 6 Months of the Year Story

Chapter 7 Jack and the Beanstalk

Writing: My Best Friend

1. I have many friends.

2. But .....is my best friend.

3. He/ She is of my age. 4. He /She is a good singer. 5. He /She is very helpful. 6. He/ She is good in sports.

7. He /She respect elders.

8. May he/she live long!

**Writing Book:** Pg No. 46 to 50

**Oral Rhyme:** O, Look at the Moon

#### November

The English Dale:

Chapter 8 I can do it myself Story

Chapter 9 How Amrita saved the Trees Drama

**Writing Book:** Pg No. 51 to 56

**Oral Story:** Two friends and the Bear. (As printed in syllabus) December

The English Dale:

Poem The Rainbow

Graphic Story Chapter 10 Bobo's New Home

**Life Skills 3** Caring for animals

Writing: My Pet-Cat

I have a pet cat.
 Its name is Kitty.

3. Its body is full of soft fur.

4. It has four legs.5. It has two ears.6. It has one tail.

7. It likes to drink milk.8. I love my cat very much.

Oral Rhyme: The Rainbow

**January** 

The English Dale:

Story Chapter 11 The Ugly Duckling

**Oral Story:** The Pig and The Sheep (as printed in the syllabus)

**February** 

**The English Dale:** Revision of syllabus of Term-2

**Comprehension:** Unseen Passages (Pg. No.- 108,109)

Term-II exams (in March 2025) will be based on syllabus covered from October to February 2025.

#### **ENGLISH STORIES**

#### 1. A Thirsty Crow

Once upon a time. There was a crow. He was very thirsty. He flew here and there in search of water. He saw a pot in the garden. There was a little water in it. He could not drink it. He thought of a plan. He put some stones into it. The water rose up. He drank and flew away.

Moral: Necessity is the mother of invention.

### 2. The Golden Egg

Once upon a time, a farmer had a goose that laid a golden egg every day. The farmer used to sell that egg and earn enough money to meet their family's day-to-day needs. One day, the farmer thought that if he could get more such golden eggs and make a lot of money and become a wealthy person. The farmer decided to cut the goose and remove all the golden eggs from its stomach. As soon as they killed the bird and opened the goose's stomach, they found no eggs. The foolish farmer realized they had



destroyed their last resource out of greed.

Moral: Greed destroys your resource.

#### 3. Two Friends and the Bear

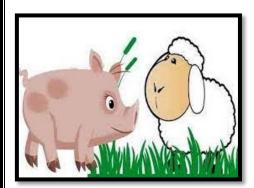
Vijay and Raju were friends. On a holiday they went walking into a forest, enjoying the beauty of nature. Suddenly they saw a bear coming at them. They became frightened. Raju, who knew all about climbing trees, ran up to a tree and climbed up quickly. He didn't think of Vijay. Vijay had no idea how to climb the tree. Vijay thought for a second. He'd heard animals don't prefer dead bodies, so he fell to the ground



and held his breath. The bear sniffed him and thought he was dead. So, it went on its way. Raju asked Vijay; "What did the bear whisper into your ears?" Vijay replied, "The bear asked me to keep away from friends like you" ...and went on his way.

**Moral**: A friend in need is a friend indeed.

#### 4. The Pig and the Sheep



A pig found its way into a meadow where a shepherd was grazing a herd of sheep. The shepherd caught the pig and carried him off toward the butcher shop when it started crying loud and struggled to get free. The sheep told the pig, "The shepherd catches us regularly and drags us off like that, and we don't make any noise." The pig replied, "My case and yours are altogether different; he catches and takes you to shave off the wool, but he wants me to be killed for making the bacon."

**Moral:** Don't compare two situations without understanding them.

#### **MATHEMATICS**

**Book Name: Maths World-1** 

Term-I

**April** 

Maths World: L-1 Pre-number concepts L-2 Numbers 1 to 9 and 0

**Activity** Group activity on numbers up to 9

Table of 2

May

Maths World: L-3 Addition up to 9 L-5 Shapes and Patterns

**Activity:** Make different patterns with shapes

Table of 3

July

Maths World: L-4. Subtraction up to 9 L-6 Numbers up to 20

**Activity:** Number family

Table of 4

**August** 

Maths World: L-7 Addition and Subtraction up to 20

**Activity:** Cross number puzzle

Term-I (in September 2024) Exam will be based on Syllabus covered from April to August 2024.

Term-II

October:

Maths World: L-8 Number from 21 to 50 L-9 Numbers from 51 to 100

Table of 5

**Activity:** Activity with addition and subtraction tricks

**Be The Change** Worksheet No.6 (Page No.13, 14)

Activity-6 Colour the pictures .Match the fruits with its seeds.

November

Maths World: L-10 Measurements L-12 Money

**Activity:** Currency of different countries

Table of 10

December

Maths World: L-11 Time

**Activity:** Make your own clock

Table of 10

January

Maths World: L-13 Data Handling L-14 What is Multiplication?

**Activity:** Collect data of age of your family members

**February** Revision of Term 2 Syllabus

Term-II exams (in March 2025) will be based on syllabus covered from October to February 2025.

**ENVIRONMENTAL STUDIES** 

**Book Name:** Environmental Studies

Be The Change +

Term-I

**April** 

L-1 About Me L-2 My Body

L-3 Looking After My Body

**Activity** 

1. Paste your favourite things such as food, fruits vegetables

cartoon characters, movie, toy in your note book.

2. Write the name of the activities that you do with your hands

and legs on your note book.

3. Paste pictures of different things that help you to stay clean

on your note book. (B.P.No -17)

May

L-4 Clothes We Wear

L-5 Food We Eat

**Activity** 1. Paste pictures of clothes you like to wear. Use old magazines,

books or newspapers to get the pictures.

2. Draw and colour any two fruits and vegetables in your notebook you like. Name them and write two or three lines about each.

**Be The Change:** Know Your Goals (Page no. 2)

July

L-6 Safety Rules L-7 My Family

**Activity** 1. Prepare a first aid box and discuss the things that we keep in it

like cotton, dettol, scissor, medicine etc.

2. Draw balloons with different colours on your note book and paste passport size pictures of your family members. Also

write the activities you like to do with them. (B. P. No -52)

**Be The Change:** Worksheet 1 (Page no. 3,4)

Activity – 1 My Leaf

Project – Draw a picture of a small plant you have seen.

**August** 

**Activity** 

L-8 We Need Shelter L-9 Our Neighbourhood

1. Paste pictures of things we use to keep our house and

surroundings clean and name them.

2. Make a chart of different places like hospital, bank, temple

park, bus stop etc by pasting pictures.

**Be The Change:** Worksheet No.2 (Page no. 5,6)

Activity – 2 So Many Shapes

Project – Draw a picture of a big plant that grows in your

neighbourhood.

Term-I (in September 2024) Exam will be based on Syllabus covered from April to August 2024.

Term-II

**October** 

L-10 My School L-11 People Who Help Us

L-12 Festivals We Celebrate

**Activity** 1. Write down five things that you like about your school.

2. Make a list of people who help us daily in our life.

3. Make diyas with the use of hard paper and paste them on

your note book.

**Be The Change:** Worksheet 4 (Page no. 9,10)

Activity 4 – Home Sweet Home

Project – Draw and colour a fruit that you cook and eat as a

vegetable.

**November** 

L-13 Travelling Is Fun L-14 The World Of Plants

L-15 The World Of Animals

Pageno. |6

# **Activity**

- 1. Bring your favourite transport and talk about it in your classroom.
- 2. Make different patterns with dry leaves and paste in your note book. (Peacock, fish, sparrow etc)
- 3. Make finger puppets of any five animals.

**December** 

L-16 Water And Air L-17 Weather

**Activity** 1. Make a rainbow with the use of clay.

2. Bring one balloon of any colour and blow it. Understand how

air fills the space.

**January** 

L-18 In The Sky

**Activity** 1. Make the phases of moon in your note book.

**February** Revision of syllabus of Term-2

Term-II exams (in March 2025) will be based on syllabus covered from October to January 2025.

#### **HINDI**

प्स्तक :

- 1. शब्द ज्ञान
- 2. ब डंग स्कॉलर्स "हिंदी स्वर"
- 3. ब इंग स्कॉलर्स "हिंदी व्यंजन"

#### Term-I

# <u>अप्रैल</u>

ल खत- अ से ऐ तक , श्रुतलेख , पहले वाला अक्षर , बाद वाला अक्षर , बीच वाला अक्षर , ख़ाली स्थान भरो , मलान करो , तस्वीर देखकर अक्षर लखो, सही अक्षर पर गोला लगाओ ।

ब डंग स्कॉलर्स "हिंदी स्वर"- पेज 2 से 65 तक (अ से ऐ तक) शब्द ज्ञान - पेज (2 से 4 तक)

# <u>मई</u>

ल खत-ओ से डतक . , श्रुतलेख , पहले वाला अक्षर , बाद वाला अक्षर , बीच वाला अक्षर , ख़ाली स्थान भरो , मलान करो , तस्वीर देखकर अक्षर लखो, सही अक्षर पर गोला लगाओ , सही क्रम में लखो ।

ब डंग स्कॉलर्स "हिंदी स्वर"- पेज 66 से 88 तक (ओ से अ: तक) ब डंग स्कॉलर्स "हिंदी व्यंजन"- पेज 2 से 26 तक (क से ड. तक) शब्द ज्ञान - (पेज 5 से 7 तक) मौ खक कहानी - हाथी और दर्जी(as printed in syllabus)

# <u>जुलाई</u>

ल खत- च से म तक, श्रुतलेख , पहले वाला अक्षर , बाद वाला अक्षर , बीच वाला अक्षर , ख़ाली स्थान भरो , मलान करो , तस्वीर देखकर अक्षर लखो, सही अक्षर पर गोला लगाओ , सही क्रम में लखो । ब इंग स्कॉलर्स "हिंदी व्यंजन"- (पेज 27 से 91 तक) शब्द ज्ञान - (पेज 8,9)

# अगस्त

ल खत- य से श्र तक, श्रुतलेख, पहले वाला अक्षर, बाद वाला अक्षर, बीच वाला अक्षर, ख़ाली स्थान भरो, मलान करो, तस्वीर देखकर अक्षर लखो, सही अक्षर पर गोला लगाओ, सही क्रम में लखो।

ब डंग स्कॉलर्स "हिंदी व्यंजन"- (पेज 92 से 128 तक)

बाल गीत - 'हम सब बच्चे हैं नादान' (as printed in syllabus)

मौ खक कहानी - सोने का अंडा देने वाली मुर्गी (as printed in syllabus)

Term-I (in September 2024) Exam will be based on Syllabus covered from April to August 2024.

# Term-II

# अक्टूबर

ल खत- दो अक्षरों का शब्द जोड़, दो अक्षर शब्द, सही शब्द पर गोला लगाओ, चत्र पहचान कर नाम लखो, शब्द पूरे करो, शब्द बनाओ, श्रुतलेख, ख़ाली स्थान भरो, मलान करो।

शब्द ज्ञान - ( पेज10 से 16 तक)

#### नवम्बर

ल खत- तीन अक्षर शब्द - तीन अक्षरों का शब्द जोड़, सही शब्द पर गोला लगाओ, चत्र पहचान कर नाम लखो, शब्द पूरे करो, शब्द बनाओ, श्रुतलेख, ख़ाली स्थान भरो, मलान करो।

शब्द ज्ञान - (पेज 17 से 23 तक)

बाल गीत -' लाला जी ने केला खाया ' (as printed in syllabus)

मौ खक कहानी - गाय और शेर(as printed in syllabus)

# दिसम्बर

ल खत- चार अक्षर शब्द - चार अक्षरों का शब्द जोड़ ,सही शब्द पर गोला लगाओ, चत्र पहचान कर नाम लखो, शब्द पूरे करो, श्रुतलेख, ख़ाली स्थान भरो, मलान करो। शब्द ज्ञान - पेज (24 से 30 तक)

#### जनवरी

ल खत- चार अक्षर शब्द - श्रुतलेख , वर्णी की सहायता से शब्द बनाओ।

Pageno. |8

शब्द ज्ञान - पेज (31,32 तक) <u>फरवरी</u>- Revision of syllabus of Term-2

Term-II exams (in March 2025) will be based on syllabus covered from October to February 2025.

# HINDI-

बाल गीत हम सब बच्चे हैं नादान हम सब बच्चे हैं नादान, दो हमको ऐसा वरदान , मानवता का पाठ पढें हम, दो ऐसी वद्या का दान। हम सब बच्चे..... दो हमको.....। सच्चाई के पथ पर चलकर, ऊँचा करें देश का नाम, मानवता का पाठ पढें हम, दो ऐसी वद्या का दान, हम सब बच्चे ..... दो हमको.....। संकट कोई देश पर आए, करें सामना सीना तान, मानवता का पाठ पढ़ें हम, दो ऐसी वदया का दान, हम सब बच्चे..... दो हमको.....।

# लाला जी ने केला खाया

लाला जी ने केला खाया, केला खाकर मुँह पचकाया, मुँह पचकाकर तोंद फुलाई, तोंद फुलाकर छड़ी उठाई, छड़ी उठाकर कदम बढ़ाया, कदम के नीचे छिलका आया, लाल जी तो गरे धड़ाम, हड्डी पसली दोनों टूटी, मुँह से निकला हाय राम! हाय राम!

कहानियाँ – हाथी और दर्जी एक गाँव में हाथी रहता था। वह रोज़ सुबह दर्जी की दुकान पर जाता था। दर्जी उसे रोज़ कुछ न कुछ खाने को देता था। एक दिन जब हाथी दुकान पर आया, तो दर्जी का लड़का वहाँ बैठा था। उसने हाथी की सूँड में सूई चुभो दी। हाथी नाराज़ हो गया। वह तालाब पर गया। उसने अपनी सूँड में पानी भरा और दुकान पर वा पस आ गया। उसने दर्जी के लड़के पर सारा पानी डाल दिया।



शक्षा - जैसी करनी, वैसी भरनी।

कहानी - सोने का अंडा देने वाली मुर्गी



एक बार एक कसान के पास एक मुर्गी थी। वह हर रोज सोने का अंडा दिया करती थी। कसान एक अंडे से संतुष्ट नहीं था। वह एक ही बार में सारे अंडे प्राप्त करना चाहता था। उसके मन में एक ही दिन में अमीर होने का लालच आ गया। कसान ने मुर्गी को मारने का निर्णय लया। उसने मुर्गी को मार कर उसका पेट काट दिया। ले कन कसान को मुर्गी के पेट में से कुछ नहीं मला।

अपने लालच में कसान ने रोज मलने वाला अंडा भी खो दिया। उसे अपनी करनी पर बहुत पछतावा हुआ।

शक्षा - लालच बुरी बला है।

कहानी- गाय और शेर

एक जंगल में पाँच गायें रहती थी। वे हर रोज मैदान में हरे घास को खाने के लए जाती थी। वह बहुत अच्छी दोस्त थी। वह एक साथ मलजुल कर रहती थी ता क जंगल में शेर उन पर हमला न कर दे। एक दिन उनमे झगड़ा हो गया। वे अलग हो गईं। शेर ने इस मौके का फायदा उठा लया।



उसने गायों पर हमला कर दिया और एक-एक करके सारी गायों को मार दिया। शक्षा - एकता में बल है।

# <u>PUNJABI</u>

ਪੁਸਤਕਾਂ

1 . ਰਬਾਬ ਪੰਜਾਬੀ ਪ੍ਰਵੇਸ਼ਕਾ

2. ਹੁਨਰ ਪਰਵੇਸ਼ਿਕਾ ਅਭਿਆਸ

# Term-I

# **April**

ਹੁਨਰ ਪਰਵੇਸ਼ਿਕਾ ਅਭਿਆਸ: 2 ਤੋਂ 7 ਰਬਾਬ ਪੰਜਾਬੀ ਪ੍ਰਵੇਸ਼ਕਾ : 5 ਤੋਂ 21

ਮੁਕਤਾ ਸ਼ਬਦ – ਮੁਕਤਾ ਵਾਲੇ ਦੋ, ਤਿੰਨ ਅਤੇ ਚਾਰ ਅੱਖਰੀ ਸ਼ਬਦ ਲਿਖੋ, ਚਿੱਤਰ ਪਛਾਣੋ, ਚਿੱਤਰ ਦੇਖ ਕੇ ਗੋਲਾ ਲਗਾਓ , ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਮਿਲਾਨ ਕਰੋ, ਮਾਤਰਾ ਲਗਾ ਕੇ ਸ਼ਬਦ ਪੂਰੇ ਕਰੋ, ਸਬਦ-ਜੋੜ ਅਤੇ ਬੋਲ ਲਿਖਤ।

May

ਹੁਨਰ ਪਰਵੇਸ਼ਿਕਾ ਅਭਿਆਸ : 8 ਤੋਂ 13

**ਰਬਾਬ ਪੰਜਾਬੀ ਪ੍ਰਵੇਸ਼ਕਾ** : 22 ਤੋਂ 26

ਕੰਨਾ ਸ਼ਬਦ – ਕੰਨਾ ਸ਼ਬਦ ਵਾਲੇ ਦੋ, ਤਿੰਨ ਅਤੇ ਚਾਰ ਅੱਖਰੀ ਸ਼ਬਦ ਲਿਖੋ, ਚਿੱਤਰ ਪਛਾਣੋ, ਚਿੱਤਰ ਦੇਖ ਕੇ ਗੋਲਾ ਲਗਾਓ , ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਮਿਲਾਨ ਕਰੋ, ਮਾਤਰਾ ਲਗਾ ਕੇ ਸ਼ਬਦ ਪੂਰੇ ਕਰੋ, ਸਬਦ-ਜੋੜ ਅਤੇ ਬੋਲ ਲਿਖਤ।

July

ਹੁਨਰ ਪਰਵੇਸ਼ਿਕਾ ਅਭਿਆਸ: 14 ਤੋਂ **19** ਰਬਾਬ ਪੰਜਾਬੀ ਪ੍ਰਵੇਸ਼ਕਾ : 27 ਤੋਂ 30

ਸਿਹਾਰੀ ਦੀ ਮਾਤਰਾ – ਸਿਹਾਰੀ ਦੀ ਮਾਤਰਾ ਵਾਲੇ ਦੋ, ਤਿੰਨ ਅਤੇ ਚਾਰ ਅੱਖਰੀ ਸ਼ਬਦ ਲਿਖੋ, ਚਿੱਤਰ ਪਛਾਣੋ, ਚਿੱਤਰ ਦੇਖ ਕੇ ਗੋਲਾ ਲਗਾਓ ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਮਿਲਾਨ ਕਰੋ, ਮਾਤਰਾ ਲਗਾ ਕੇ ਸ਼ਬਦ ਪੂਰੇ ਕਰੋ, ਸਬਦ-ਜੋੜ ਅਤੇ ਬੋਲ ਲਿਖਤ।

**August** 

ਹੁਨਰ ਪਰਵੇਸ਼ਿਕਾ ਅਭਿਆਸ: 20 ਤੋਂ **25** ਰਬਾਬ ਪੰਜਾਬੀ ਪ੍ਰਵੇਸ਼ਕਾ 31 ਤੋਂ 34

ਬਿਹਾਰੀ ਦੀ ਮਾਤਰਾ – ਬਿਹਾਰੀ ਦੀ ਮਾਤਰਾ ਵਾਲੇ ਦੋ, ਤਿੰਨ ਅਤੇ ਚਾਰ ਅੱਖਰੀ ਸ਼ਬਦ ਲਿਖੋ, ਚਿੱਤਰ ਪਛਾਣੋ, ਚਿੱਤਰ ਦੇਖ ਕੇ ਗੋਲਾ ਲਗਾਓ ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਮਿਲਾਨ ਕਰੋ, ਮਾਤਰਾ ਲਗਾ ਕੇ ਸ਼ਬਦ ਪੂਰੇ ਕਰੋ, ਸਬਦ-ਜੋੜ ਅਤੇ ਬੋਲ ਲਿਖਤ।

Term-I (in September 2024) Exam will be based on Syllabus covered from April to August 2024.

October

ਹੁਨਰ ਪਰਵੇਸ਼ਿਕਾ ਅਭਿਆਸ: 26 ਤੋਂ 31 ਰਬਾਬ ਪੰਜਾਬੀ ਪ੍ਰਵੇਸ਼ਕਾ 35 ਤੋਂ 38

ਔਕੜ ਦੀ ਮਾਤਰਾ -ਔਕੜ ਦੀ ਮਾਤਰਾ ਵਾਲੇ ਦੋ, ਤਿੰਨ ਅਤੇ ਚਾਰ ਅੱਖਰੀ ਸ਼ਬਦ ਲਿਖੋ, ਚਿੱਤਰ ਪਛਾਣੋ, ਚਿੱਤਰ ਦੇਖ ਕੇ ਗੋਲਾ ਲਗਾਓ ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਮਿਲਾਨ ਕਰੋ, ਮਾਤਰਾ ਲਗਾ ਕੇ ਸ਼ਬਦ ਪੂਰੇ ਕਰੋ, ਸਬਦ-ਜੋੜ ਅਤੇ ਬੋਲ ਲਿਖਤ।

#### November

ਹੁਨਰ ਪਰਵੇਸ਼ਿਕਾ ਅਭਿਆਸ: 32 ਤੋਂ **37** ਰਬਾਬ ਪੰਜਾਬੀ ਪ੍ਰਵੇਸ਼ਕਾ 3 9 ਤੋਂ 42

ਦੁਲੈਂਕੜ ਦੀ ਮਾਤਰਾ- ਦੁਲੈਂਕੜ ਦੀ ਮਾਤਰਾ ਵਾਲੇ ਦੋ, ਤਿੰਨ ਅਤੇ ਚਾਰ ਅੱਖਰੀ ਸ਼ਬਦ ਲਿਖੋ, ਚਿੱਤਰ ਪਛਾਣੋ, ਚਿੱਤਰ ਦੇਖ ਕੇ ਗੋਲਾ ਲਗਾਓ ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਮਿਲਾਨ ਕਰੋ, ਮਾਤਰਾ ਲਗਾ ਕੇ ਸ਼ਬਦ ਪੂਰੇ ਕਰੋ. ਸਬਦ-ਜੋੜ ਅਤੇ ਬੋਲ ਲਿਖਤ।

#### **December**

ਹੁਨਰ ਪਰਵੇਸ਼ਿਕਾ ਅਭਿਆਸ: 38 ਤੋਂ 4**3** ਰ**ਬਾਬ ਪੰਜਾਬੀ ਪਵੇਸ਼ਕਾ**: 43 ਤੋਂ 46

ਲਾਂ ਦੀ ਮਾਤਰਾ – ਲਾਂ ਦੀ ਮਾਤਰਾ ਵਾਲੇ ਦੋ, ਤਿੰਨ ਅਤੇ ਚਾਰ ਅੱਖਰੀ ਸ਼ਬਦ ਲਿਖੋ, ਚਿੱਤਰ ਪਛਾਣੋ, ਚਿੱਤਰ ਦੇਖ ਕੇ ਗੋਲਾ ਲਗਾਓ ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਮਿਲਾਨ ਕਰੋ, ਮਾਤਰਾ ਲਗਾ ਕੇ ਸ਼ਬਦ ਪੂਰੇ ਕਰੋ, ਸਬਦ-ਜੋਤ ਅਤੇ ਬੋਲ ਲਿਖਤ

# January

ਹੁਨਰ ਪਰਵੇਸ਼ਿਕਾ ਅਭਿਆਸ **44** ਤੋਂ 49 **ਰਬਾਬ ਪੰਜਾਬੀ ਪ੍ਰਵੇਸ਼ਕਾ**: 47 ਤੋਂ 50

ਦੁਲਾਵਾਂ ਦੀ ਮਾਤਰਾ –ਦੁਲਾਵਾਂ ਦੀ ਮਾਤਰਾ ਵਾਲੇ ਦੋ, ਤਿੰਨ ਅਤੇ ਚਾਰ ਅੱਖਰੀ ਸ਼ਬਦ ਲਿਖੋ, ਚਿੱਤਰ ਪਛਾਣੋ, ਚਿੱਤਰ ਦੇਖ ਕੇ ਗੋਲਾ ਲਗਾਓ , ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਮਿਲਾਨ ਕਰੋ , ਮਾਤਰਾ ਲਗਾ ਕੇ ਸ਼ਬਦ ਪੂਰੇ ਕਰੋ, ਸਬਦ-ਜੋੜ ਅਤੇ ਬੋਲ ਲਿਖਤ

February - Revision of syllabus of Term-2

Term-II exams (in March 2025) will be based on syllabus covered from October to February 2025.

#### **GENERAL KNOWLEDGE**

Book Name: Vibes 1

Term-I

April Chapter-1 Me and My surroundings

Chapter-2 Plant and Animal Kingdom

May Chapter- 3 My Country

July Chapter- 4 Break time

Chapter- 5 Bookworm

August Chapter-6 Culture Gallery Be the Change: Worksheet 3 (Page No. 7)

Term-I (in September 2024) Exam will be based on Syllabus covered from April to August 2024.

Term-II

October Chapter-7 Potpourri

Chapter -8 Science Lab

Pageno. **| 12** 

**November** Chapter-9 Tell me why?

Chapter – 10 Be a sport

**December** Chapter – 11 Work your brain

Be the Change My Learning Portfolio (Page No. 15)

January Chapter- 12 Identity card February Revision of syllabus of Term-2

Term-II exams (in March 2025) will be based on syllabus covered from October to February 2025.

**COMPUTER** 

Book Name: Go Digital Computer Coding-1

<u>Term-l</u>

**April** L-1 Basics of Computer

**Lab Activity:** Go to computer lab; name 5 machines that you found there.

May L-2 Parts of a Computer

**Lab Activity:** Go to Computer lab; play any cartoon movie in computer and listen the sound

using headphones and speakers.

July L-3 Uses of Computers

**Lab Activity:** Go to Computer lab; count the number of computers and write any two uses

of computer in school on page no-26.

Test Paper-1

**August** L-4 How to use the Keyboard?

**Activity:** Go to Computer lab; open the Notepad and type your name, age, class and

roll number in it.

Term-I (in September 2024) Exam will be based on Syllabus covered from April to August 2024.

Term-II

October L-5 Working with Mouse

Lab Activity: Point the mouse pointer on icons of desktop and double click on it to open

like-Paint.

**November** L-6 Do's and Don'ts of Computers

**Lab Activity:** Write 4 do's and don'ts activities of your computer lab on Page no-49.

**December** L-7 Storage Parts of a Computer

**Lab Activity:** Go to Computer lab; see different storage parts of a computer.

**Test Paper-2** 

January- L-8 Learn Coding

**February** Revision of syllabus of Term-2

Term-II exams (in March 2025) will be based on syllabus covered from October to February 2025.

# **PHYSICAL EDUCATION-1**

MONTH	GA	AMES	EQUIPMENTS		
Term-I					
APRIL	1.	Run-Jump-Side-slide	Saucer cones (Loco motor skill)		
	2.	Jump-Hop-Run	Saucer cones (Loco motor skill)		
	3.	50 mtr. dash	Marking cones speed & acceleration		
	4.	Test			
MAY	1.	Hop-Jump-Gallop	Saucer cones , 6inch hurdle		
	2.	Gallop-Crawl-Run	Saucer cones , 6inch hurdle		
	3.	Turns & March Past Drills			
	4.	Test			
JULY	1.	Frog Jump-Duck Walk-Jog	Marking Cones (Plyometric Exercises)		
	2.	Run- Leap- Jump-Hop	Marking Cones (Plyometric Exercises)		
	3.	Broad Jump	Marking Cones		
	4.	Test			
	1.	Walk-Gallop-Jump-Hop-Side slide-leap	Saucer cones , 6inch hurdle, cones		
AUGUST	2.	Frog Jump-Duck Walk-Jog	Marking Cones (Plyometric Exercises)		
7.0000	3.	Calisthenics Exercise			
	4.	Test			
Term-II					
	1.	Throwing and Catching	Basketball Size-5		
OCTORER	2.	One leg Race	Marking cones		
OCTOBER	3.	Hoping Race	Saucer cones		
	4.	Test			
	1.	Baton Race	Baton		
NOVEMBER	2.	Jog-Front Roll-Side Roll	Yoga Mat		
	3.	Front Roll-Back Roll	Yoga Mat		
	4.	Test			
	1.	Aerobics	Hula hoops		
DECEMBER	2.	Hurdle Race	Hurdle 6in.		
	3.	Broad Jump	Marking Cones		
	4.	Test			
JANUARY	1.	Flip the Cone	Cones		
	2.	Passing the Parcel	Tennis Ball/Bean Bags/Soft Ball		

	3.	Hurdle Race	Hurdle 9in.
	4.	Test	
FEBRUARY	1.	Dodge Ball	Ball
	2.	In & Out	Rope/Marking Cones
	3.	Harvard Step Test	10inch Box
	4.	Fire in the Mountain	Marking Cones

**Art and Craft** 

Book Name: Art Festival – I

Term-I

April Page 5 to 15

Be the Change: All about me( Page No.1)

May Page 16 to 24 July Pages- 25 to 32

**August** Practice on the drawing file.

Term-I (in September 2024) Exam will be based on Syllabus covered from April to August 2024.

Term-II

October Pages- 33 to 39

Be the Change Worksheet 5 (page No. 11)

**November** Pages- 40 to 48 **December** Pages- 49 to 54,60

January Pages- 55 to 64

**February** Practice on the drawing file.

Term-II exams (in March 2025) will be based on syllabus covered from October to February 2025.

MUSIC-1

<u>Term-I</u>

**April & May** 

Write your favourite Singer Name (Any Two)

Vocal Practice of Sargams 1 & 2 (As mentioned in syllabus) Vocal Practice of National Anthem (Mentioned in Diary)

**July & August** 

Vocal Practice of Sargams 1 to 4 (As mentioned in syllabus) Vocal Practice of School Anthem (Mentioned in Diary)

Vocal Practice of song "The wheels on the bus" (As mentioned in

syllabus)

How many Notes in First Sargam

#### Term-II

#### **October to December**

Vocal Practice of Sargams 1 to 6 (As mentioned in syllabus)

Vocal Practice of Song 'God's Love is so wonderful'.(Lyrics mentioned in

Syllabus Booklet)

Vocal Practice of 'GaytariMantara'

#### January & February

**Revision of all Sargams** 

Vocal Practice English Song 'God's Love is so wonderful' (Lyrics

mentioned in Syllabus)

#### The wheels on the bus

The wheels on the bus go round and round.

Round and round.

Round and round.

The wheels on the bus go round and round,

All through the town!

The people on the bus go up and down.

Up and down.

Up and down.

The people on the bus go up and down,

All through the town!

The horn on the bus goes beep, beep, beep.

Beep, beep beep.

Beep, beep, beep.

The horn on the bus goes beep, beep, beep.

All through the town!

The wipers on the bus go swish, swish, swish.

Swish, swish, swish.

Swish, swish, swish.

The wipers on the bus go swish, swish, swish,

All through the town!

The signals on the bus go blink, blink, blink.

Blink, blink, blink.

Blink, blink, blink.

The signals on the bus go blink, blink, blink,

All through the town!

The motor on the bus goes zoom, zoom, zoom.

Zoom, zoom, zoom.

Zoom, zoom, zoom.

The motor on the bus goes zoom, zoom, zoom,

All through the town!

The babies on the bus go waa, waa, waa.

Waa, waa, waa.

Waa, waa, waa.

The babies on the bus go waa, waa, waa,

#### God's Love Is So Wonderful

God's love is so wonderful Oh! Wonderful love!

So high, you can't get over it Oh! Wonderful love!

So deep, you can't get under it Oh! Wonderful love!

So wide, you can't get around it Oh! Wonderful love!

God's love is so wonderful Oh! Wonderful love

#### <u>Sargams</u>

1. AROH:- SA, RE, GA, MA, PA, DHA, NI, SA. AVROH:- SA, NI, DHA, PA, MA, GA, RE, SA...

2. AROH:- SA SA, RE RE, GA GA, MA MA, PA PA, DHA DHA, NI NI, SA SA . . AVROH:- SA SA, NI NI, DHA DHA, PA PA, MA MA, GA GA, RE RE, SA SA .

3. AROH:- SA RE GA, RE GA MA, GA MA PA, MA PA DHA, PA DHA NI, DHA NI SA .

AVROH:- SA NI DHA, NI DHA PA, DHA PA MA, PA MA GA, MA GA RE, GA RE SA .

4. AROH:- SA RE GA MA, RE GA MA PA, GA MA PA DHA, MA PA DHA NI, PA DHA NI SA AVROH:- SA NI DHA PA, NI DHA PA MA, DHA PA MA GA, PA MA GA RE, MA GA RE SA

5. AROH:- SA RE GA MA PA, RE GA MA PA DHA, GA MA PA DHA NI, MA PA DHA NI SA.

AVROH:- SA NI DHA PA MA , NI DHA PA MA G A, DHA PA MA GA RE, PA MA GA RE SA.

6. AROH:- SA RE GA MA PA DHA, RE GA MA PA DHA NI, GA MA PA DHA NI SA.

AVROH:- SA NI DHA PA MA GA, NI DHA PA MA GA RE, DHA PA MA GA RE SA

# **Spoken English**

#### **TERM 1**

#### <u>April</u>

# **Meetings and Greetings**

- 1. Video on self introduction.
- 2. Self introduction by students.
- 3. Regular used sentences (any ten)

# Activity

Practice aloud

#### May

### **Vocabulary Games**

- 1. Tell any two things that we do in the morning
- 2. In class, say any two actions. Your friends will follow
- 3. Speak on
  - a. My family
  - b. My best friend
  - c. My School
  - d. My Classroom

#### July

# **Magic Words**

#### **Activities**

- Let's be polite with your friends
- Listen to the teacher. Reply with polite words.

#### **Poem Recitation**

- Video on how to recite a poem?
- Poem recitation by students

# Vocabulary related to Clothes (any 10)

# <u>August</u>

#### **Making Request**

- Make a Wish
- What you want to buy? Request your parents to buy it for you.

#### **Short Conversation**

- Introduction of Short Conversation
- Conversation with Friend

#### **Vocabulary words for Transport (any 10)**

#### Term II

#### **October**

- 1. Let me tell you
- Vegetable Shopping
- About your Day
- 2. Describe a picture
  - a. A Picnic Scene
  - b. A School scene

# **November**

# Let us Talk

- Tring Tring
- Talking to my best Friend

#### December

- 1. One minute speech on:
  - a. Cleanliness
  - b. My Neighbour
  - c. A Festival( your own Choice)

# **Vocabulary words related to Festivals (Any Ten)**

- 1. Role plays with related videos:
  - a. Good Manners
  - b. Conversation with new neighbours

# **January**

- 1. Story Telling:
  - a) Good Touch and Bad Touch
  - b) Healthy Food or Junk Food
- 2. Vocabulary words related to Kitchen

### **February**

- 1. Conversation on:
  - a. Going out with Family
  - b. Helping Others
- 2. Vocabulary word related to shopping (Any Ten)